

Nutritional Guide



This information is comprised by data obtained by our suppliers and independent laboratories. Variations in nutritional values may occur due to the handcrafted nature of our menu items, along with changes in ingredients and procedures.

Menu Item Name	Available at all locations?	Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Just for Starters												
Boneless Buffalo Wings - with Hot Sauce	Yes	660	410	45	13	1	170	2550	8	less than 1g	0	52
Boneless Buffalo Wings - with Mild Sauce	Yes	770	520	58	19	1	170	2070	8	0	0	52
+ Bleu Cheese Dressing (2 oz)	Yes	280	270	30	5	0	15	370	4	0	1	2
Cactus Blossom*	Yes	1450	550	61	12	1.5	5	5260	203	13	26	27
+ Cajun Horseradish Sauce (3 oz)	Yes	270	240	26	6	0	25	370	9	less than 1g	6	less than 1g
Cheese Fries	Yes	1210	700	78	28	2	105	7700	94	8	9	35
Cheese Fries - with Chili	Yes	1420	840	93	33	2.5	140	8320	103	10	12	45
Firecracker Shrimp (12 pieces)	No	880	620	68	10	0	170	3230	48	2	13	21
Firecracker Shrimp (14 pieces)	No	930	640	70	11	0	195	3460	51	3	13	24
Fried Pickles	Yes	760	450	50	10	0.5	less than 5mg	2740	69	4	2	10
+ Cajun Horseradish Sauce (3 oz)	Yes	270	240	26	6	0	25	370	9	less than 1g	6	less than 1g
+ Ranch Dressing (3 oz)	Yes	430	420	47	6	0	20	510	5	0	1	less than 1g
Grilled Shrimp	Yes	420	230	25	10	0	115	1540	31	2	6	17
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Killer Ribs - includes Steak Fries	Yes	720	390	44	13	0	85	4780	55	4	16	26
Rattlesnake Bites	Yes	770	330	37	13	0.5	40	2310	92	4	5	17
+ Cajun Horseradish Sauce (3 oz)	Yes	270	240	26	6	0	25	370	9	less than 1g	6	less than 1g
+ Ranch Dressing (3 oz)	Yes	430	420	47	6	0	20	510	5	0	1	less than 1g
Tater Skins	Yes	1500	980	109	43	2.5	195	4910	75	8	6	57
+ Sour Cream (2 oz)	Yes	110	100	11	7	0	30	25	2	0	2	1
Twisted Mozzarella	No	380	250	28	7	1	20	830	24	less than 1g	1	9
+ Marinara Sauce (3 oz)	No	50	20	2.5	0	0	0	440	6	1	less than 1g	1
Combo Appetizer Options (see matching item above for sauce options)												
Boneless Buffalo Wings - with Hot Sauce	Yes	330	200	22	6	0	85	1280	4	0	0	26
Boneless Buffalo Wings - with Mild Sauce	Yes	390	260	29	9	0	85	1030	4	0	0	26
Fried Pickles	Yes	380	220	25	5	0	less than 5mg	1370	34	2	less than 1g	5
Rattlesnake Bites	Yes	390	170	19	6	0	20	1160	46	2	2	8
Tater Skins	Yes	750	490	55	22	1	95	2460	38	4	3	29
Chili & Soup												
Texas Red Chili (Cup)	Yes	280	180	20	8	0.5	50	720	9	2	4	14
+ Saltine Crackers (1 packet)	Yes	25	0	0	0	0	0	50	5	0	0	0
Texas Red Chili (Bowl)	Yes	460	310	34	13	1	85	1200	16	3	6	23
+ Saltine Crackers (2 packets)	Yes	50	10	1	0	0	0	100	9	0	0	less than 1g
Loaded Potato Soup (Cup)	No	150	90	10	4.5	0	15	500	15	less than 1g	2	2
+ Saltine Crackers (1 packet)	No	25	0	0	0	0	0	50	5	0	0	0
Loaded Potato Soup (Bowl)	No	260	140	16	7	0	25	830	25	2	3	3
+ Saltine Crackers (2 packets)	No	50	10	1	0	0	0	100	9	0	0	less than 1g
Salads												
Dinner-Sized Salads (dressing not included unless indicated)												
California Chicken Salad	No	820	450	51	20	0	215	1820	21	9	10	70
Chicken Caesar Salad - dressing included	Yes	1140	850	93	19	0	185	1330	22	6	6	56
Chicken Critter® Salad	Yes	920	470	52	19	1	430	1650	39	5	7	72
Grilled Chicken Salad	Yes	790	440	50	22	0	340	1270	18	5	9	67
Grilled Salmon Salad	Yes	1080	740	82	31	0	380	3000	17	6	6	67
Grilled Shrimp House Salad	No	1040	690	77	35	0	545	3680	23	6	9	64
Grilled Shrimp Caesar Salad - dressing included	No	1310	1060	117	31	0.5	300	3650	26	5	7	43
Salmon Caesar Salad - dressing included	Yes	1360	1110	122	27	0	135	2960	21	6	5	46
Steakhouse Filet Salad - dressing included	Yes	910	530	57	18	1	160	2170	38	7	20	66
+ Dressing - Bleu Cheese (3 oz)	Yes	420	410	45	7	0	25	550	5	0	1	3
+ Dressing - Caesar (3 oz)	Yes	490	470	52	8	0	25	460	6	less than 1g	1	3
+ Dressing - Honey French (3 oz)	No	220	80	8	1	0	0	540	36	0	33	0
+ Dressing - Honey Lime (3 oz)	No	240	70	7	1	0	0	930	45	0	43	0
+ Dressing - Honey Mustard (3 oz)	Yes	470	430	47	7	0	20	420	16	less than 1g	11	less than 1g
+ Dressing - Italian (3 oz)	Yes	400	330	36	5	0	0	660	17	less than 1g	15	less than 1g
+ Dressing - Low Fat Ranch (3 oz)	Yes	330	270	30	4.5	0	30	810	3	0	3	3
+ Dressing - Ranch (3 oz)	Yes	430	420	47	6	0	20	510	5	0	1	less than 1g
+ Dressing - Thousand Island (3 oz)	Yes	400	350	39	5	0	20	680	14	less than 1g	7	less than 1g
Side Salads (dressing not included unless indicated)												
Caesar Salad - dressing included	Yes	440	380	41	9	0	30	490	11	2	2	8
House Salad	Yes	230	140	16	8	0	135	290	9	2	4	13
+ Dressing - Bleu Cheese (2 oz)	Yes	280	270	30	5	0	15	370	4	0	1	2
+ Dressing - Caesar (2 oz)	Yes	330	320	35	5	0	20	310	4	less than 1g	less than 1g	2
+ Dressing - Honey French (2 oz)	No	140	50	6	1	0	0	360	24	0	22	0
+ Dressing - Honey Lime (2 oz)	No	160	45	5	0.5	0	0	620	30	0	29	0
+ Dressing - Honey Mustard (2 oz)	Yes	320	290	32	7	0	13	280	11	less than 1g	7	less than 1g
+ Dressing - Italian (2 oz)	Yes	270	220	24	3	0	0	440	11	less than 1g	10	0
+ Dressing - Low Fat Ranch (2 oz)	Yes	220	180	20	3	0	20	540	2	0	2	2
+ Dressing - Ranch (2 oz)	Yes	290	280	31	4	0	15	340	4	0	less than 1g	less than 1g
+ Dressing - Thousand Island (2 oz)	Yes	270	240	26	4	0	10	460	10	less than 1g	5	less than 1g
Hand-Cut Steaks												
Bone-In Ribeye (20 oz)	Yes	1110	680	76	33	8	335	1290	7	3	3	107
Dallas Filet (6 oz)	Yes	270	90	10	4	1	110	720	0	2	2	45
Dallas Filet (8 oz)	Yes	360	120	13	6	1.5	145	960	0	2	2	60
Filet Medallions (9 oz) - includes Seasoned Rice	Yes	760	280	30	11	1.5	165	2370	56	5	5	74
+ Peppercorn Brown Sauce (4 oz)	Yes	160	130	14	5	0	0	830	7	0	2	less than 1g
+ Portobello Mushroom Sauce (4 oz)	No	70	45	5	2	0	0	440	6	less than 1g	2	2
Ft. Worth Ribeye (10 oz)	No	800	540	60	25	5	200	980	2	3	2	65
Ft. Worth Ribeye (12 oz)	Yes	960	650	72	30	6	240	1180	2	4	2	78
Ft. Worth Ribeye (16 oz)	Yes	1280	860	96	40	8	325	1570	3	5	3	103
New York/Kansas City Strip (8 oz)	Yes	420	200	22	9	1.5	335	660	less than 1g	0	2	57
New York/Kansas City Strip (12 oz)	Yes	640	300	33	13	2	505	980	1	0	3	85
New York/Kansas City Strip (16 oz)	No	850	400	44	17	2.5	670	1310	2	2	3	114
Porterhouse T-Bone (23 oz)	Yes	1040	490	54	24	4	400	1440	1	2	4	139
Prime Rib (10 oz)	No	980	710	79	32	0	220	2500	5	0	2	60
Prime Rib (12 oz)	Yes	1180	850	94	38	0	265	3000	5	0	3	72
Prime Rib (16 oz)	Yes	1570	1130	126	51	0	355	4000	7	less than 1g	4	96
+ Au Jus (3 oz)	Yes	40	20	2	0	0	0	530	4	less than 1g	2	less than 1g
Road Kill	Yes	850	750	84	38	0	190	1930	6	less than 1g	2	55
Steak Kabob - includes Seasoned Rice	Yes	1000	460	51	15	0	135	3310	85	2	31	50
USDA Choice Sirloin (6 oz)	Yes	250	50	6	2.5	0	125	560	3	1	1	46
USDA Choice Sirloin (8 oz)	Yes	340	70	8	3	0	170	740	5	2	2	61
USDA Choice Sirloin (11 oz)	Yes	460	100	10	4	0.5	235	1020	6	2	3	84
USDA Choice Sirloin (16 oz)	Yes	670	140	16	6	1	340	1490	9	3	4	122

Updated 5/1/2017. Some items are not available at all locations. Nutritional values do not include side items unless indicated. 2,000 calories a day is used for general nutritional advice, but calorie needs vary.

Menu Item Name	Available at all locations?	Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Steak Smothers												
Steaks 11 oz and smaller												
Sautéed Mushrooms (3.5 oz)	Yes	80	60	6	2	0	0	310	4	less than 1g	2	2
Sautéed Onions (3 oz)	Yes	120	90	9	3.5	0	0	460	8	1	3	less than 1g
Jack Cheese (1 oz)	Yes	100	70	8	5	0	25	180	0	0	0	7
Brown Gravy (2 oz)	Yes	70	50	6	1	0	0	310	3	0	0	less than 1g
Grilled Shrimp	Yes	210	170	19	8	0	70	1150	2	0	0	8
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Steaks 12 oz and larger												
Sautéed Mushrooms (5 oz)	Yes	110	80	9	3	0	0	440	5	1	3	3
Sautéed Onions (5 oz)	Yes	200	140	16	6	0	0	770	14	2	6	1
Jack Cheese (2 oz)	Yes	200	140	16	10	0	50	360	0	0	0	14
Brown Gravy (2 oz)	Yes	70	50	6	1	0	0	310	3	0	0	less than 1g
Grilled Shrimp	Yes	210	170	19	8	0	70	1150	2	0	0	8
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Fall-Off-The-Bone Ribs												
Ribs - Full Slab	Yes	1090	610	67	25	0	230	5140	52	2	41	62
Ribs - Half Slab	Yes	730	410	46	17	0	155	3480	34	1	27	42
Texas-Sized Combos												
BBQ Roasted Half Chicken with Ribs	No	1030	500	55	18	0	255	5550	49	1	36	78
BBQ Roasted Half Chicken with Sirloin 6 oz	No	900	330	37	11.5	0	300	4288	36	1	25	101
Chicken Critters® with Ribs	No	860	420	46	14	0	230	2740	42	2	12	65
Chicken Critters® with Sirloin 6 oz	No	730	250	28	7	0	275	1478	29	2	1	88
Filet 6 oz with Grilled Shrimp	Yes	690	320	35	14	1	225	2260	31	3	8	62
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Filet 6 oz with Ribs	Yes	650	310	34	13	1	195	2540	16	2	14	68
Filet Medallions with Grilled Shrimp - includes Seasoned Rice	No	1050	460	50	19	1	220	3520	84	5	10	68
+ Garlic Butter (1 oz)	No	170	170	18	8	0	0	430	less than 1g	0	0	0
+ Peppercorn Brown Sauce (4 oz)	No	160	130	14	5	0	0	830	7	0	2	less than 1g
+ Portobello Mushroom Sauce (4 oz)	No	70	45	5	2	0	0	440	6	less than 1g	2	2
Grilled BBQ Chicken with Ribs	Yes	680	330	36	11	0	195	2330	27	less than 1g	20	58
Grilled BBQ Chicken with Sirloin 6 oz	Yes	550	160	18	4.5	0	240	1068	14	1	9	81
Ribeye 10 oz with Grilled Shrimp	No	1220	770	85	35	5	315	2520	31	4	8	82
+ Garlic Butter (1 oz)	No	170	170	18	8	0	0	430	less than 1g	0	0	0
Ribeye 10 oz with Ribs	No	1180	760	84	34	5	285	2800	16	3	14	88
Ribeye 12 oz with Grilled Shrimp	No	1380	880	95	40	6	355	2720	31	5	8	95
+ Garlic Butter (1 oz)	No	170	170	18	8	0	0	430	less than 1g	0	0	0
Ribeye 12 oz with Ribs	No	1340	870	94	39	6	325	3000	16	4	14	101
Sirloin 6 oz with Grilled Shrimp	Yes	670	280	31	12.5	0	245	2098	34	2	7	63
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Sirloin 6 oz with Ribs	Yes	630	270	30	11.5	0	215	2378	19	1	13	69
Sirloin 8 oz with Grilled Shrimp	Yes	760	300	33	13	0	285	2280	36	3	8	78
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Sirloin 8 oz with Ribs	Yes	720	290	32	12	0	255	2560	21	2	14	84
Chicken Specialties												
Austin Chicken - BBQ Style	No	850	400	44	12	0	275	920	36	1	27	71
Austin Chicken - Original Style	No	750	400	44	12	0	275	3460	15	2	9	72
BBQ Roasted Half Chicken	No	650	280	31	9	0	170	3730	33	less than 1g	24	55
California Grilled Chicken	No	570	280	32	9	0	155	1210	24	4	18	48
Chicken Critters®	Yes	840	350	39	7	1	255	1610	46	2	0	73
+ BBQ Sauce (2 oz)	Yes	80	0	0	0	0	0	270	18	0	14	0
+ Honey Mustard Dressing (2 oz)	Yes	320	290	32	7	0	13	280	11	less than 1g	7	less than 1g
+ Ranch Dressing (2 oz)	Yes	290	280	31	4	0	15	340	4	0	less than 1g	less than 1g
Country Fried Chicken	Yes	830	440	49	15	0.5	220	1240	35	less than 1g	8	60
Grilled BBQ Chicken	Yes	300	110	12	2	0	110	510	11	0	8	35
Oven Roasted Half Chicken	No	540	280	31	9	0	175	3360	7	less than 1g	4	55
Portobello Mushroom Chicken	No	470	250	28	11	0	150	990	7	1	3	48
San Antonio Chicken	No	1540	850	95	41	1	285	3430	85	10	13	89
Sierra Chicken Pasta	No	1050	490	55	25	0	235	1610	80	11	9	58
Smothered Chicken - topped with Cream Gravy	Yes	410	210	24	7	0	125	750	10	less than 1g	5	37
Smothered Chicken - topped with Jack Cheese	Yes	430	220	25	9	0	135	790	5	less than 1g	3	43
Country Dinners												
Beef Tips - with Mashed Potatoes	Yes	1050	610	68	27	0.5	160	4330	54	7	11	57
Beef Tips - with Seasoned Rice	Yes	1050	540	59	19	0.5	145	5150	70	5	11	58
Country Fried Sirloin	Yes	870	530	59	22	0	190	1220	35	less than 1g	8	46
Grilled Pork Chops (Single)	Yes	480	260	28	10	0	145	2040	3	0	1	49
Grilled Pork Chops (Double)	Yes	950	510	57	21	0	290	4070	6	less than 1g	2	99
+ Peppercorn Brown Sauce (3 oz)	Yes	120	100	11	4	0	0	630	5	0	1	less than 1g
Pulled Pork Dinner	No	870	470	52	17	0	135	1890	61	1	30	35
Pulled Pork Dinner - North Carolina only	No	840	480	54	18	0	140	2080	46	1	18	36
Pulled Pork Dinner - South Carolina only	No	890	490	56	18	0	140	2030	58	3	31	37
Country Veg Plate - See "Legendary Sides" for options	Yes											
Dockside Favorites												
Fish and Chips - includes Steak Fries	No	1160	430	48	9	1	110	6120	122	6	4	59
+ Tartar Sauce (3 oz)	No	390	350	38	5	0	15	530	14	0	9	0
Fried Catfish (3 pieces)	No	790	430	48	9	1	165	1220	39	2	0	48
Fried Catfish (4 pieces)	No	1060	580	64	13	1	220	1630	52	2	0	64
+ Creole Mustard Sauce (3 oz)	No	520	510	57	8	0	25	520	5	0	0	0
Grilled Salmon (5 oz)	Yes	510	390	43	11	0	80	2050	less than 1g	0	0	29
Grilled Salmon (8 oz)	Yes	690	490	54	13	0	125	2100	less than 1g	0	0	46
+ Tartar Sauce (2 oz)	Yes	260	230	26	3.5	0	10	360	9	0	6	0
Grilled Shrimp - includes Seasoned Rice	Yes	890	540	60	22	0	230	4070	53	3	4	31
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Roadhouse Fish Fry - includes Steak Fries	No	1120	430	48	9	1	110	5440	111	6	4	58
+ Tartar Sauce (3 oz)	No	390	350	38	5	0	15	530	14	0	9	0
Burgers & Sandwiches												
1/2 Lb. Angus Burgers (Steak Fries not included)												
All-American Cheeseburger	Yes	890	640	71	31	0	160	2540	45	3	6	50
Bacon Cheeseburger	Yes	1020	730	81	35	0	190	3020	45	3	6	60
Smokehouse Burger	Yes	1090	710	80	37	0	185	2870	54	3	13	57
Add Sliced Avocado	No	80	60	7	1	0	0	0	4	3	0	1
Sandwiches (Steak Fries not included)												
BBQ Chicken Sandwich	Yes	550	160	18	4	0	115	1380	52	3	12	42
Mushroom Jack Chicken Sandwich	Yes	660	260	30	10	0	140	1600	45	4	6	51
Pulled Pork Sandwich	No	770	370	42	14	0	110	2210	63	2	21	31
Pulled Pork Sandwich - North Carolina only	No	740	390	44	14	0	115	2360	51	2	12	33
Pulled Pork Sandwich - South Carolina only	No	780	390	45	14	0	115	2330	61	3	22	34

Menu Item Name	Available at all locations?	Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Kids & Ranger Meals												
Kids Meals (side and drink not included)												
All-Beef Hot Dog	Yes	370	200	24	10	0	45	870	25	1	3	12
All-Beef Hot Dog with Chili	Yes	440	250	29	12	0	55	890	28	2	4	15
Grilled Chicken	Yes	150	60	7	1	0	65	210	less than 1g	0	less than 1g	20
Jr. Chicken Tenders	Yes	250	130	14	3	0	85	150	3	0	0	26
Kraft® Macaroni and Cheese	Yes	300	80	9	3	0	10	660	45	2	8	10
Lil' Dillo Steak Bites	Yes	170	35	4	1.5	0	85	370	2	less than 1g	less than 1g	31
Mini-Cheeseburgers	Yes	600	290	32	14	0	85	1600	60	2	12	31
Ranger Meals (side and drink not included)												
Andy's Steak (6 oz)	Yes	250	50	6	2.5	0	125	560	3	1	1	46
Chicken Critters® Basket	Yes	600	250	28	5	0.5	180	1150	33	1	0	52
+ BBQ Sauce (2 oz)	Yes	80	0	0	0	0	0	270	18	0	14	0
+ Honey Mustard Dressing (2 oz)	Yes	320	290	32	7	0	13	280	11	less than 1g	7	less than 1g
+ Ranch Dressing (2 oz)	Yes	290	280	31	4	0	15	340	4	0	less than 1g	less than 1g
Ranger Rib Basket	Yes	380	220	24	9	0	85	1820	16	less than 1g	12	23
Kids Side Options												
Apple Sauce	Yes	100	0	0	0	0	0	10	25	2	20	0
Buttered Corn	Yes	180	70	8	3	0	0	570	27	3	3	4
Fresh Vegetables	Yes	190	140	15	7	0	0	420	12	5	5	4
Green Beans	Yes	70	35	4	1	0	5	700	6	2	3	3
Mashed Potatoes	Yes	220	140	15	6	0	9	360	19	2	2	3
Steak Fries	Yes	200	100	11	2	0	0	1790	22	1	2	2
Desserts												
Big Ol' Brownie	Yes	1230	360	42	23	0	130	670	205	6	150	9
Granny's Apple Classic	Yes	1260	560	62	30	0	110	940	170	4	106	10
Strawberry Cheesecake	Yes	780	490	45	24	0	135	560	81	3	59	38
Legendary Sides & Extras												
Apple Sauce	Yes	100	0	0	0	0	0	10	25	2	20	0
Baked Potato	Yes	380	120	13	5	0	10	1970	60	6	3	7
+ Butter - Whipped (1 oz)	Yes	200	200	22	7	0	less than 5 mg	290	0	0	0	0
+ Sour Cream (1 oz)	Yes	60	50	6	3.5	0	15	10	1	0	1	0
Baked Potato - Loaded (cheddar cheese, bacon bits and sour cream)	Yes	650	350	39	17	0	55	2410	60	6	3	17
Buttered Corn	Yes	180	70	8	3	0	0	570	27	3	3	4
Caesar Salad - includes dressing	Yes	440	380	41	9	0	30	490	11	2	2	8
Coleslaw	No	330	280	31	4	0	15	320	14	2	8	1
Fresh Vegetables	Yes	190	140	15	7	0	0	420	12	5	5	4
Green Beans	Yes	70	35	4	1	0	5	700	6	2	3	3
House Salad - without dressing (see "Side Salads")	Yes	230	140	16	8	0	135	290	9	2	4	13
Loaded Potato Soup (Cup)	No	150	90	10	4.5	0	15	500	15	less than 1g	2	2
+ Saltine Crackers (1 packet)	No	25	0	0	0	0	0	50	5	0	0	0
Mashed Potatoes	Yes	220	140	15	6	0	9	360	19	2	2	3
+ Brown Gravy (2 oz)	Yes	70	50	6	1	0	0	310	3	0	0	less than 1g
+ Cream Gravy (2 oz)	Yes	90	60	7	3.5	0	15	150	5	0	3	2
Mashed Potatoes - Loaded (cheddar cheese, bacon bits and sour cream)	Yes	490	370	41	18	0	54	800	19	2	2	13
Sautéed Mushrooms	Yes	110	80	9	3	0	0	440	5	1	3	3
Sautéed Onions	Yes	200	140	16	6	0	0	770	14	2	6	1
Seasoned Rice	Yes	360	150	16	3.5	0	0	1330	47	2	3	6
Steak Fries	Yes	400	210	22	4	0	0	3580	44	3	4	5
Steak Fries - Loaded (cheddar cheese and bacon bits)	Yes	520	300	34	11	1	45	3390	40	3	4	16
Sweet Potato	Yes	350	80	9	4	0	10	120	62	10	19	6
+ Butter - Honey Cinnamon (1 oz)	Yes	180	170	19	6	0	0	240	4	0	4	0
Sweet Potato - Loaded (mini-marshmallows and caramel sauce)	Yes	770	250	28	12	0	8	310	126	11	70	7
Texas Red Chili (Cup)	Yes	280	180	20	8	0.5	50	720	9	2	4	14
+ Saltine Crackers (1 packet)	Yes	25	0	0	0	0	0	50	5	0	0	0
Sidekicks												
Shrimp Sidekick	Yes	420	230	25	10	0	115	1540	31	1	6	17
+ Garlic Butter (1 oz)	Yes	170	170	18	8	0	0	430	less than 1g	0	0	0
Rib Sidekick	Yes	380	220	24	9	0	85	1820	16	less than 1g	12	23
Other												
Fresh Baked Bread (1 piece)	Yes	170	30	3	1	0	0	160	29	less than 1g	5	4
+ Butter - Honey Cinnamon (1 oz)	Yes	180	170	19	6	0	0	240	4	0	4	0
+ Butter - Whipped (1 oz)	Yes	200	200	22	7	0	less than 5 mg	290	0	0	0	0
Peanuts (1 oz)	Yes	160	110	12	2	0	0	210	7	3	less than 1g	7
Texas Roadhouse® Steak Sauce (1 Tbsp)	Yes	25	0	0	0	0	0	220	6	0	4	0
Party Platters												
Texas Party Packs												
Boneless Buffalo Wings Party Pack	No	2410	1440	160	30	4	670	1240	25	less than 1g	0	207
+ Mild Sauce (8 oz)	No	840	820	91	28	1	5	5790	4	less than 1g	less than 1g	less than 1g
+ Hot Sauce (8 oz)	No	490	460	52	16	0.5	less than 5 mg	7050	7	2	1	less than 1g
Pulled Pork Party Pack	No	5090	3640	410	137	0	1210	11780	64	4	48	276
+ BBQ Sauce (8 oz)	No	320	0	0	0	0	0	1080	72	0	56	0
+ BBQ Sauce (8 oz) - North Carolina only	No	140	0	0	0	0	0	1560	28	0	23	0
+ BBQ Sauce (8 oz) - South Carolina only	No	300	30	3.5	0	0	0	1420	67	4	61	4
Rib Party Pack	No	4560	2650	294	108	0	1010	21850	186	7	148	271
+ BBQ Sauce (8 oz)	No	320	0	0	0	0	0	1080	72	0	56	0
Shareable Salads (dressing not included)												
Caesar Salad Bowl	No	630	330	37	20	1	75	1000	40	16	9	39
Chicken Caesar Salad Bowl	No	1220	580	65	24	1	330	1850	43	17	12	118
Chicken Critter Salad Bowl	No	2580	1430	159	67	2.5	1030	5000	89	15	20	194
Grilled Chicken Salad Bowl	No	2280	1290	146	64	0	965	4180	52	14	24	190
House Salad Bowl	No	1140	720	80	44	2	600	1490	43	13	19	67
+ Dressing - Bleu Cheese (8 oz)	No	1120	1080	120	20	0	60	1480	16	0	4	8
+ Dressing - Caesar (8 oz)	No	1310	1250	138	22	0	70	1230	16	less than 1g	4	9
+ Dressing - Honey Mustard (8 oz)	No	1280	1160	128	28	0	52	1120	44	2	28	1
+ Dressing - Italian (8 oz)	No	1070	890	96	14	0	0	1770	46	2	41	1
+ Dressing - Low Fat Ranch (8 oz)	No	880	720	80	12	0	80	2160	8	0	8	8
+ Dressing - Ranch (8 oz)	No	1160	1130	125	17	0	60	1370	14	0	3	2
+ Dressing - Thousand Island (8 oz)	No	1080	960	104	16	0	40	1840	40	2	20	1
Shareable Sides												
Buttered Corn (32 oz)	No	950	370	41	17	0	0	3020	146	15	18	21
Fresh Baked Bread (12 pieces)	No	2040	360	36	12	0	0	1920	348	11	60	48
Green Beans (32 oz)	No	420	220	25	8	0	40	4490	40	11	17	16
Mashed Potatoes (32 oz)	No	1420	870	97	35	1	55	2290	123	15	12	18
Seasoned Rice (32 oz)	No	1440	580	63	14	0	less than 5mg	5300	189	8	12	22
Texas Red Chili (32 oz)	No	1150	740	81	24	3	185	3330	47	10	18	53
+ Cheddar Cheese (8 oz)	No	910	670	75	48	2.5	240	1410	3	0	1	57
+ Diced Red Onion (3 oz)	No	25	0	0	0	0	0	0	6	1	3	less than 1g
+ Saltine Crackers (4 packs)	No	110	20	0	0	0	0	200	19	0	0	1

Menu Item Name	Available at all locations?	Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Legendary Lunch Menu												
Boneless Buffalo Wings - with Mild Sauce & Steak Fries	No	1120	700	77	22	1	165	5050	48	4	4	56
Boneless Buffalo Wings - with Hot Sauce & Steak Fries	No	1000	580	64	16	1	165	5530	49	4	4	56
+ Bleu Cheese Dressing (2 oz)	No	280	270	30	5	0	15	370	4	0	1	2
Chicken Critters® & Steak Fries	No	940	420	47	9	1	180	4110	72	5	4	56
+ BBQ Sauce (2 oz)	Yes	80	0	0	0	0	0	270	18	0	14	0
+ Honey Mustard Dressing (2 oz)	Yes	320	290	32	7	0	13	280	11	less than 1g	7	less than 1g
+ Ranch Dressing (2 oz)	Yes	290	280	31	4	0	15	340	4	0	less than 1g	less than 1g
Sirloin Salad - dressing not included	No	880	450	50	24	0	445	1180	21	7	8	88
Texas 2-Step (Eugene, OR)												
California Chicken Sandwich	No	790	320	37	10	0	155	1550	61	6	19	55
Chips and Queso	No	540	240	28	11	0	40	2160	62	6	5	10
Dallas Filet (5 oz)	No	230	80	8	3.5	0	90	600	5	2	1	38
Dallas Filet (10 oz)	No	460	160	16	7	0	180	1200	10	4	2	76
Double Chocolate Brownie	No	780	220	26	14	0	20	550	132	4	92	4
Filet 5 oz with Ribs	No	610	300	32	13	0	175	2420	21	3	13	61
Filet Medallions (6 oz) - with Seasoned Rice	No	630	230	25	9	1	110	2010	53	4	4	51
Jr. Chicken Critters	No	360	150	17	3	0	110	690	20	less than 1g	0	31
Milkshake - Chocolate	No	690	240	25	16	0	85	320	103	2	88	12
Milkshake - Oreo®	No	650	290	30	17	0	85	400	81	0	64	13
Milkshake - Strawberry	No	600	240	25	16	0	85	300	81	0	72	12
Milkshake - Vanilla	No	520	240	25	16	0	85	300	61	0	53	12
Prime Rib - Western Style (10 oz)	No	1190	910	101	40	0	220	3770	6	less than 1g	3	60
Prime Rib - Western Style (12 oz)	No	1380	1050	117	46	0	265	4270	7	less than 1g	4	73
Prime Rib - Western Style (16 oz)	No	1780	1330	148	59	0	355	5270	9	less than 1g	5	97
San Antonio Chicken Cobb Salad	No	840	460	52	18	0	390	1380	29	10	11	66
San Antonio Cobb Salad - without chicken	No	540	330	38	16	0	260	960	27	10	9	27
Steakhouse Filet Salad	No	820	500	54	17	0.5	120	1930	36	7	19	50
Beverages - Non-Alcoholic												
Soft Drinks												
Coca-Cola® (Regular)	Yes	130	0	0	0	0	0	30	36	0	36	0
Coca-Cola® (Kids)	Yes	80	0	0	0	0	0	20	22	0	22	0
Diet Coke® (Regular)	Yes	0	0	0	0	0	0	40	0	0	0	0
Diet Coke® (Kids)	Yes	0	0	0	0	0	0	25	0	0	0	0
Hi-C® Fruit Punch (Regular)	No	140	0	0	0	0	0	50	38	0	38	0
Hi-C® Fruit Punch (Kids)	No	80	0	0	0	0	0	30	23	0	23	0
Hi-C® Orange (Regular)	No	150	0	0	0	0	0	30	41	0	40	0
Hi-C® Orange (Kids)	No	90	0	0	0	0	0	20	24	0	24	0
Minute Maid® Lemonade (Regular)	Yes	130	0	0	0	0	0	90	36	0	34	0
Minute Maid® Lemonade (Kids)	Yes	80	0	0	0	0	0	50	21	0	20	0
Sprite® (Regular)	Yes	130	0	0	0	0	0	60	35	0	35	0
Sprite® (Kids)	Yes	80	0	0	0	0	0	35	21	0	21	0
Flavored Lemonades												
Blue Crush Lemonade (Regular)	Yes	150	0	0	0	0	0	30	40	0	38	0
Blue Crush Lemonade (Kids)	Yes	90	0	0	0	0	0	20	23	0	22	0
Red Raspberry Lemonade (Regular)	Yes	150	0	0	0	0	0	30	40	0	37	0
Red Raspberry Lemonade (Kids)	Yes	90	0	0	0	0	0	20	23	0	22	0
Wild Strawberry Lemonade (Regular)	Yes	150	0	0	0	0	0	30	40	0	38	0
Wild Strawberry Lemonade (Kids)	Yes	90	0	0	0	0	0	20	23	0	22	0
Iced Tea												
Iced Tea - Original Sweet	Yes	110	0	0	0	0	0	5	28	0	27	0
Iced Tea - Original Unsweet	Yes	0	0	0	0	0	0	0	0	0	0	0
Iced Tea - Peach Sweet	Yes	140	0	0	0	0	0	5	35	0	34	0
Iced Tea - Peach Unsweet	Yes	45	0	0	0	0	0	10	11	0	9	0
Iced Tea - Raspberry Sweet	Yes	130	0	0	0	0	0	5	35	0	33	0
Iced Tea - Raspberry Unsweet	Yes	40	0	0	0	0	0	10	10	0	9	0
Other												
Coffee - Decaffeinated	Yes	5	0	0	0	0	0	0	1	0	0	0
Coffee - Regular	Yes	5	0	0	0	0	0	0	1	0	0	0
Dasani® Bottled Water	Yes	0	0	0	0	0	0	0	0	0	0	0
Juice - Apple	Yes	80	0	0	0	0	0	15	21	0	19	0
Juice - Orange	Yes	90	0	0	0	0	0	15	20	0	18	1
Milk - Chocolate	Yes	150	20	2.5	1.5	0	10	170	26	less than 1g	23	7
Milk - Regular	Yes	90	20	2	1.5	0	10	105	10	0	10	7
Beverages - Alcohol												
Margaritas												
Original Margarita - Frozen (10 oz)	No	230	0	0	0	0	0	5	35	0	31	0
Original Margarita - Frozen (18 oz)	Yes	430	0	0	0	0	0	10	66	0	59	0
Original Margarita - Rocks (10 oz)	No	170	0	0	0	0	0	0	16	0	14	0
Original Margarita - Rocks (18 oz)	Yes	280	0	0	0	0	0	0	26	0	23	0
Hurricane Margarita - Frozen (18 oz)	Yes	460	0	0	0	0	0	10	73	0	66	less than 1g
Hurricane Margarita - Rocks (18 oz)	Yes	250	0	0	0	0	0	0	37	0	34	less than 1g
Jamaican Cowboy Margarita - Frozen (18 oz)	Yes	440	0	0	0	0	0	10	59	0	52	less than 1g
Jamaican Cowboy Margarita - Rocks (18 oz)	Yes	240	0	0	0	0	0	0	22	0	20	less than 1g
Peach Margarita - Frozen (18 oz)	Yes	480	0	0	0	0	0	10	76	0	69	0
Raspberry Margarita - Frozen (18 oz)	Yes	470	0	0	0	0	0	10	83	less than 1g	76	0
Roadhouse Roadie Margarita - Frozen (18 oz)	No	340	0	0	0	0	0	15	80	0	69	0
Roadhouse Roadie Margarita - Rocks (18 oz)	No	220	0	0	0	0	0	5	49	0	41	0
Sangria Margarita - Frozen (18 oz)	No	440	0	0	0	0	0	10	66	0	58	0
Sangria Margarita - Rocks (18 oz)	No	260	0	0	0	0	0	0	28	0	24	0
Skinny Lime Margarita - Rocks (18 oz)	Yes	190	10	1.5	1	0	0	0	13	1	3	0
Strawberry Margarita - Frozen (18 oz)	Yes	480	0	0	0	0	0	10	85	less than 1g	77	0
Margarita Kickers												
+ 1800® Kicker	No	60	0	0	0	0	0	0	0	0	0	0
+ Margaritaville® Gold Kicker	No	60	0	0	0	0	0	0	0	0	0	0
+ Patrón® Kicker	No	60	0	0	0	0	0	0	3	0	2	0
Signature Cocktails												
Armadillo Punch	Yes	130	0	0	0	0	0	5	17	0	16	0
Cowgirl Quencher	No	220	0	0	0	0	0	5	24	0	21	less than 1g
Kenny's Cooler	Yes	290	0	0	0	0	0	20	40	0	37	0
+ Island Kicker	No	45	0	0	0	0	0	0	0	0	0	0
Sangria Red	No	280	0	0	0	0	0	5	35	0	30	less than 1g
Texas Peach Fuzz	Yes	160	0	0	0	0	0	5	15	0	14	less than 1g
Wine												
Blush wine (6 oz/glass, 4 glasses per bottle)	Yes	130	0	0	0	0	0	20	10	0	7	0
Red wine (6 oz/glass, 4 glasses per bottle)	Yes	150	0	0	0	0	0	10	5	0	1	0
White wine (6 oz/glass, 4 glasses per bottle)	Yes	150	0	0	0	0	0	10	5	0	2	0